

Bryan's Sierra Backpacking Checklist

Gear

- ☐ Backpack
- ☐ Trekking Poles
- ☐ Boots
- ☐ Water bottle
- ☐ 20 degree sleeping bag
- ☐ Inflatable pillow
- ☐ Thermarest style air mattress
- ☐ Tent, tarp or bivvy
- ☐ Bear canister
- ☐ Pockert knife
- ☐ Headlamp + extra batteries

Electronics

- ☐ Battery Pack + Cable (if needed)
- ☐ Cell phone (Camera)

Snow Gear (if needed)

- ☐ Snow Spikes and/or Crampons
- ☐ Ice Ax

Group Gear

- ☐ Map & Compass
- ☐ Water filter
- ☐ Patch kit
- ☐ Stove + Fuel
- ☐ Med kit
- ☐ Garmin Inreach
- ☐ 2-way radios

Clothes

- ☐ Sun hat
- ☐ Mosquito net
- ☐ Sunglasses
- ☐ Hiking pants
- ☐ Hiking shirt / Sleeping shirt
- ☐ Hiking socks / Sleeping socks
- ☐ Light hardshell
- ☐ Light puffy jacket
- ☐ Midlayer
- ☐ Rain pants
- ☐ Light gloves
- ☐ Beanie
- ☐ Winter tights (optional)
- ☐ "Next Day Clothes" for the car

Toiletries

- ☐ Sunscreen
- ☐ Wipes
- ☐ Toothbrush / Toothpaste
- ☐ Floss
- ☐ Ear plugs (if needed)
- ☐ Bug spray
- ☐ Hand sanitizer